



Dudley Lodge Children's Guide



Everything you need
to know..

Contents

P 1	•What do you do at Dudley Lodge?
P 2	•About your stay at Dudley Lodge?
P 3	•What does Dudley Lodge look like?
P 4-5	•Who will be at Dudley Lodge?
P 6	•Will staff always be around and will they respect my privacy?
P 7	•What are sessions?
P 8	What do parents/carers learn about at Dudley Lodge?
P 9-10	• Worries and people you can talk to



We give your parents or carers support and advice to help them to learn and develop their parenting skills.

We help parents to understand and meet the needs of their children.

What do you do at Dudley Lodge?



We help families to make children feel safe.

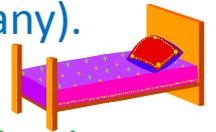
We offer information to parents and carers about child development and help them learn how you see the world.



About your stay at Dudley Lodge.



We have lots of flats where families stay. Although other families will also be living at Dudley Lodge at the same time as you, you will not have to share any of the rooms in your flat with them. You may share your bedroom with your brothers/sisters (if you have any).



It is nice to make your bedroom feel like your own little place where you can relax and play. It would be good to bring your favourite toys to make your room feel like your own.



You can also choose/make pictures and posters to put on your bedroom walls.



There is a big garden with swings and climbing frames for you to use.

There is also a Playroom where you will spend some time playing with your parent/carer and at other times with some of the other children who live at Dudley Lodge.



You will have a children's worker who you will have time to talk to you if you are worried or want things explained to you.

Inside your flat there is a book telling you all about the places you can visit that are local to Dudley Lodge, including swimming, ice skating, the park etc.





What does Dudley Lodge look like?





Who will be at Dudley Lodge?

Lots of people work at Dudley Lodge.

There are lots of Team/Case Managers, they look after your family whilst you're at Dudley Lodge.

There are friendly people called family workers who will visit your flat and spend time with you and your family.



You will also see staff working in the offices, typing, writing and answering the phone.

We also have a handyman and cleaner who keep Dudley Lodge, safe, clean and tidy.

There are 3 managers who look after all the staff and families – they are a bit like your head teacher at school.



All staff that work at Dudley Lodge have their picture taken. You can see their photographs on our notice board.



Sometimes the Centre can feel very busy and noisy, and you may meet or see people who you don't know. Do not worry if this happens. Staff always know who is in the building and no-one is allowed to come in if they are not meant to be here. If you do feel worried, staff will always be happy to talk to you and answer any of your questions.



There are always staff in the Centre, to help families if they need it – even at night time (when you should be fast asleep!).



There is even a bedroom like yours where a member of staff sleeps each night so that they can wake up and help families too, if needed.





Will staff always be around, and will they respect my privacy?

When staff do come to see you in your flat they will always knock the door first.



There will always be a member of staff in the building who can talk to you if you are worried or uncertain about anything.

Staff will not stay in your bathroom when you are having a bath or getting dressed.



Staff will spend time with you and your family at different times in the day, this might be when you are:

Getting ready for school.



Eating your meals.

Getting ready for bed.



Playing.



Out of the centre, for example when you go shopping or on your way to school.





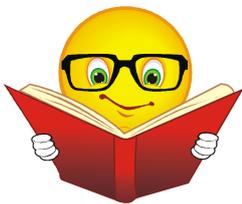
What are 'sessions'?

Dudley Lodge is a bit like a school for parents, where they learn all about children.



Sometimes your mum/dad/carer will have what we call 'sessions'.

These are a bit like lessons in school, where your mum/dad/carer can learn new things and talk about what they have learnt whilst living at Dudley Lodge.



Sometimes you may also be in one of your parent's sessions' – these would usually happen in the playroom.

Your Dudley Lodge children's worker will plan some fun sessions for you to attend.



What will my parents/carer learn?

Your parents/carer will learn about:



Food

Making sure you have healthy food to help you grow big and strong.



Hygiene

Making sure you are kept clean and have clean clothes to wear.



Safety

To keep you safe and stop you getting hurt.



Housework

Keeping your home clean and tidy.



Cooking

So you can eat lots of different healthy meals.



Emotional warmth

To make sure you feel loved and listened to.



Play

So your grown up knows how to play, and help you learn.



Routine

So you have regular times for day to day things, like meal times and bedtimes.



Money

To make sure your family has enough money for things like bills, food, clothes and toys.



Managing behaviour

To have family rules and offer praise for good behaviour.



Family relationships

To look at your family members and how they get on with each other.



If I am worried or unsure, who can I talk to?

If you are unhappy about anything you should always tell your mum/dad/carer.

If you are still not happy or feel you can't talk to them about your problem, you can talk to any member of staff you choose to.

There are lots of other safe people you can talk to about your worries, have a look at the flower below as each petal lists someone you could talk to. You could have a go at drawing your own safety flower with the names of your safe people.





If there is something you are not happy with, and have tried to talk to your safe people about this, but are still unhappy you can phone or email Ofsted. You might have heard

about your teachers talk about Ofsted...

Ofsted, also inspect Dudley Lodge to make sure everything is ok and as it should be. Lots of people work at Ofsted, a bit like your school, the main ones for Dudley Lodge are:

Sir Michael Wilshaw is Her Majesty's Chief Inspector

Lorna Fitzjohn is the Regional Director

Joanne Vyas is the allocated inspector for Dudley Lodge

You can talk to Ofsted by telephone:
0300 123 1231

Or Email:
enquiries@ofsted.gov.uk

You could also talk to the **Children's Commission Team**.

Anne Longfield is the Children's Commissioner for England. She makes sure your rights are promoted and protected. Her work focuses on making sure that adults in charge, or making decisions, listen to what children and young people say about things that affect them.

For help, you can call the Children's Commission on: **0800 528 0731**
or email:

advice.team@childrenscommissioner.gsi.gov.uk



We hope you
enjoy your
time at
Dudley Lodge

